



## Live Life To The Max Seminars EMPOWERMENT SERIES

### ***If YOU lived life to the Max, what would it look like?***

*Sometimes we live life on automatic pilot driven by learnings/beliefs/strategies/fears adopted early in life which no longer serve us. In fact, these beliefs and fears limit us from reaching our full potential, and ultimately stop us from living life to the Max!*

#### **LEARN:**

##### **How To Experience:**

- ✓ A greater sense of health, well-being and Connectedness
- ✓ More FUN
- ✓ Feeling in action, on purpose, manifesting your goals into reality
- ✓ More passion and vitality
- ✓ A greater sense of freedom, peace & tranquillity

#### **WHO Would Benefit From This Experience?**

##### **People Who Wish To:**

- ✓ Live to the MAX
- ✓ Live to their full potential
- ✓ Have a life altering breakthrough with any past related issues
- ✓ Experience phenomenal relationships in all areas of their lives
- ✓ Experience more abundance and prosperity

***Freedom Therapies helps you to reclaim your mojo and live life to the Max!***

*We stand proudly behind our education with a 100% Money Back Guarantee provided you attend the full programme.*

### ***A Transformational Six Week Course on...***

<b><i>Week 1 – Awareness</i></b>	Increase your awareness and open up to different choices and the possibility of creating the life you've always wanted.
<b><i>Week 2 – Responsibility</i></b>	Experience the freedom that comes with taking full responsibility in your life!
<b><i>Week 3 – Choice</i></b>	Learn to choose what empowers you, what excites you, what inspires you to live life to the max!
<b><i>Week 4 – Transition</i></b>	Finally let go of the old and embrace the new!
<b><i>Week 5 – Transformation</i></b>	Transformation is a direct result of what you are committed to!
<b><i>Week 6 – Sustainability</i></b>	Can you put a dollar value on sustaining change?

#### ***Next course starting***

<i>Tuesday 15 February 7-9pm</i>	<i>Tuesday 8 March 7-9pm</i>
<i>Tuesday 22 February 7-9pm</i>	<i>Tuesday 15 March 7-9pm</i>
<i>Tuesday 1 March 7-9pm</i>	<i>Tuesday 22 March 7-9pm</i>

*To register, or if you require more information about this seminar or our full suite of services, please visit our website or contact Karoline direct.*

**Phone: (03) 3884777 Mobile 021 384155 Email [karolinegrant@freedomtherapies.co.nz](mailto:karolinegrant@freedomtherapies.co.nz)  
Skype: Karoline.Grant Website: [www.freedomtherapies.co.nz](http://www.freedomtherapies.co.nz)**



## PERSONAL EMPOWERMENT

### Testimonials from course participants

*“Karoline’s course has drawn out of me a much greater awareness of the old habits that have been playing out in my life. In seeing these I have been presented and empowered with choices to do things differently and more constantly toward greater authenticity, freedom and joy in my life.  
I am leaving with a passion to live more fully and to actively commit to keeping health in my life.”*

*“My life was a rut of depression and sadness – Karoline’s course awakened me to what I deserve to have as a human being in my life. As a result I am involved in a new career, have lost 1 stone, I have a new boyfriend and better understanding of my family and friends. I feel joy for the first time in 9 years (That’s NINE years!) Thanks Karoline, you gave me back my life and I love you for it.”*

*“I now have an incredible level of awareness, recognise my own self-sabotaging behaviour immediately. My default no longer has the power. I don’t blindly repeat the same behaviour that has held me back. My eyes are now open to my passions, my talents, and knowing these are now more important than fears!”*

## REGISTRATION FORM

Where: Hohepa, 23 Barrington Street, Beckenham

Tuesday 15 February 7-9pm  
Tuesday 22 February 7-9pm  
Tuesday 1 March 7-9pm

Tuesday 8 March 7-9pm  
Tuesday 15 March 7-9pm  
Tuesday 22 March 7-9pm

Name	Company	
Gender Male Female (please circle one)	Date of Birth	
Address	Suburb	
City	Postcode	
Phone	Mobile	Email

Send your completed registration to K. Grant, Under The Red Verandah, 502 Worcester St, Christchurch or register online on [www.freedomtherapies.co.nz](http://www.freedomtherapies.co.nz)

Investment: **EARLYBIRD OFFER** \$245 until February 8th  
**NORMAL RATE** \$295 inc GST

Payment via internet banking into Westpac 03 1599 0094254 000  
state your Name and Empower as reference or post cheque to address above.

If you are interested in attending this course and wish to get more information  
please contact Karoline

Phone: (03) 3884777 Mobile: 021 384155 Email: [karolinegrant@freedomtherapies.co.nz](mailto:karolinegrant@freedomtherapies.co.nz)  
Skype: Karoline.Grant Website: [www.freedomtherapies.co.nz](http://www.freedomtherapies.co.nz)

**Here is your chance to empower yourself and Live Life To The Max –  
Book TODAY!**